

TAKEAWAY

THE FLOURISHING LIFE

Humility

At Maybridge we want to be a church of disciples who make disciples – we hope this takeaway session encourages practical outcomes in the lives of the individuals in your group. The focus of group discussion should be on becoming 'doers of the word' and not just hearers or people who enjoy a good discussion!

As always, there are more questions and discussion prompts than you'll have time for, so feel free to use what is helpful for your group as time allows and discussion flows.

SHARE

- Who comes to mind when you think about someone who exemplifies true humility? What is it about them that makes you think that? What do they do or say (or not say) that demonstrates humility?
- Can you think of a time when you caught yourself feeling proud about being humble, or putting yourself down excessively? What did you realise about yourself in that moment?
- When have you experienced God's presence and provision in a time of uncertainty or loss? How did that shift your sense of security or identity?

READ

Proverbs 22:1-2&4

DISCUSS

What's the difference between genuine humility and false humility (e.g. self-deprecation)? Why is this distinction important?

C.S Lewis suggests that a truly humble person *"will not be thinking about humility: he will not be thinking about himself at all..."* What does this mean, and how is it different from what we typically call being humble?

How can being confident in our gifting and calling actually be an expression of humility rather than pride?

In what ways do you often find yourself comparing yourself with others?

What does "fear of the Lord" mean to you? Why is this directly connected to humility in Proverbs 22?

READ

Proverbs 18:10-12

1 Corinthians 1:26-31

DISCUSS

Proverbs 18:10-12 contrasts security found in God with security found in wealth. There is a sense in which wealth really does bring security – how might that be a false hope? And why is it better for us to find our security in God?

Why do you think serving others is specifically highlighted as part of a humble life? What happens within us when we serve?

What does the verse in 1 Corinthians have to teach us about Humility?

TRY OUT

- **Commit to a daily prayer practice this week**, even if it's just five minutes. Bring your honest thoughts, fears, hopes and questions to God—not performing for him, but being genuinely present.
- **Serve in a way that stretches you slightly**: volunteer for something at church you wouldn't normally do, help a neighbour with a task that's not convenient, or offer practical support to someone in need.
- **Give anonymously this week** (to a charity, a person in need, or your church)—practice releasing the need for recognition and trust that God sees what you've done.

PRAY

Pray for release from the pressure of trying to prove ourselves or find value for ourselves in external measures.

Pray for us to receive a greater measure of God's presence and assurance that he has chose us and redeemed us.