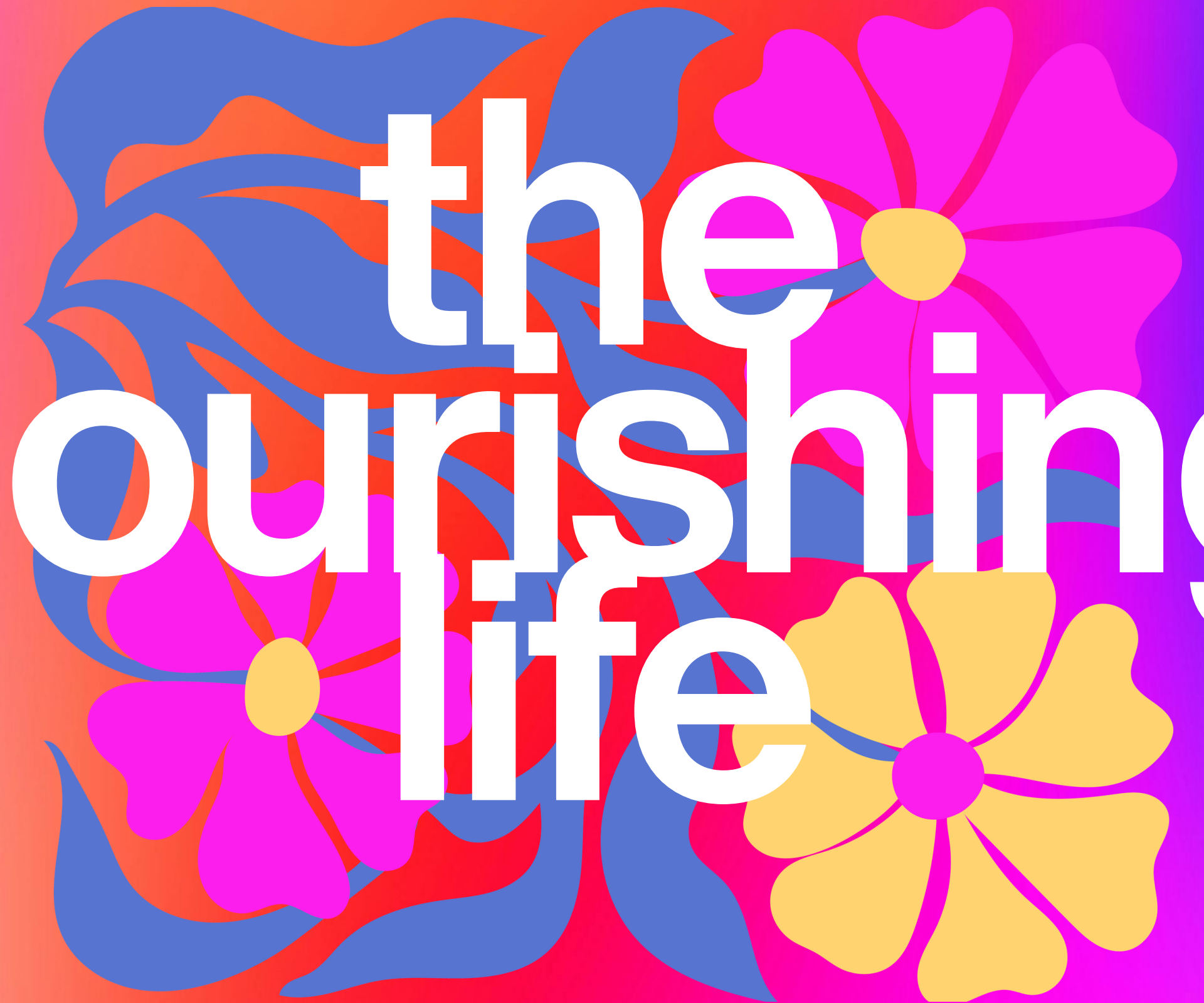


Summer in Proverbs

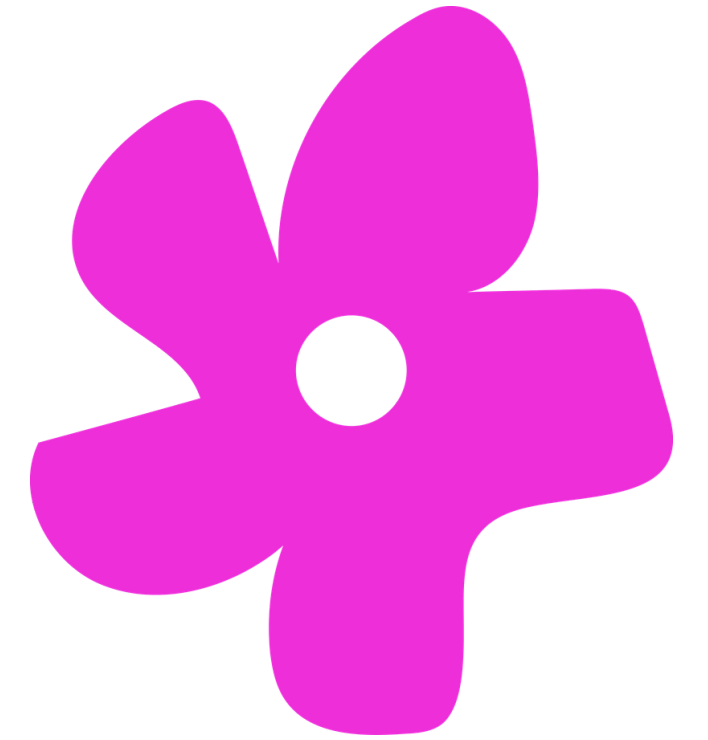


the flourishing life

09 August 2026

Matt Micaiah

Talk is not Cheap



The Power of the Tongue

Discussion Question

Have you ever said something
you probably shouldn't have?

What happened?



Talk is not cheap



01

**The Power of
the Tongue -**
Life and Death

02

The Content -
Truth over
Deceit

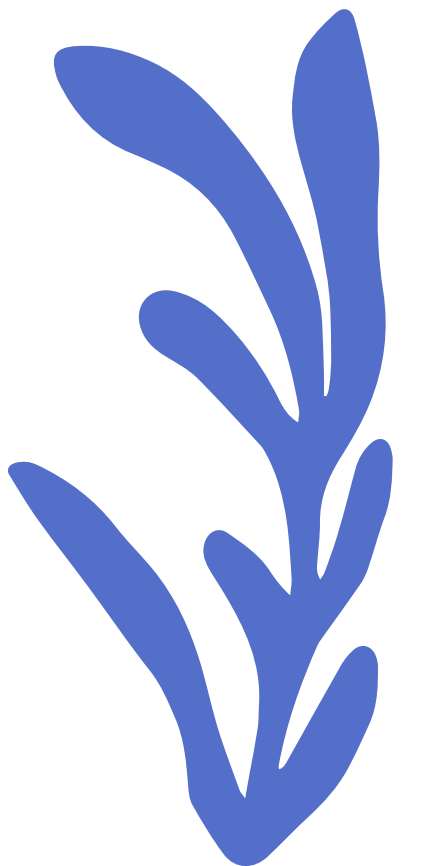
03

**The Art of
Restraint -**
Gentleness and
Silence



Death and life are in the power of
the tongue.

Proverbs 18: 21



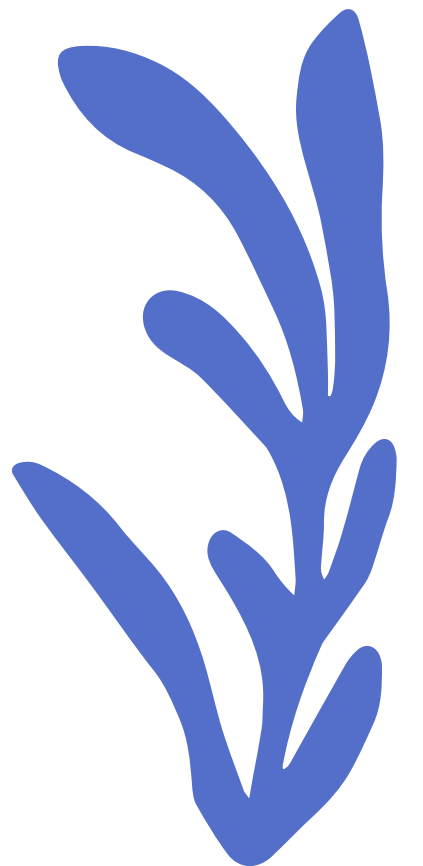
Death and Life



Dana and Gusti

The words of the reckless pierce
like swords, but the tongue of the
wise brings healing.

Proverbs 12: 18



Death and Life

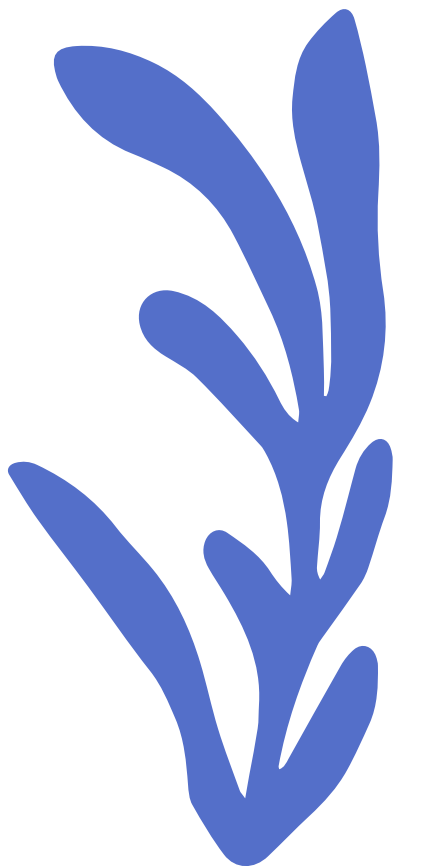
Reflection Question



In your daily life, are your words swinging like a wild sword or are they bringing life?

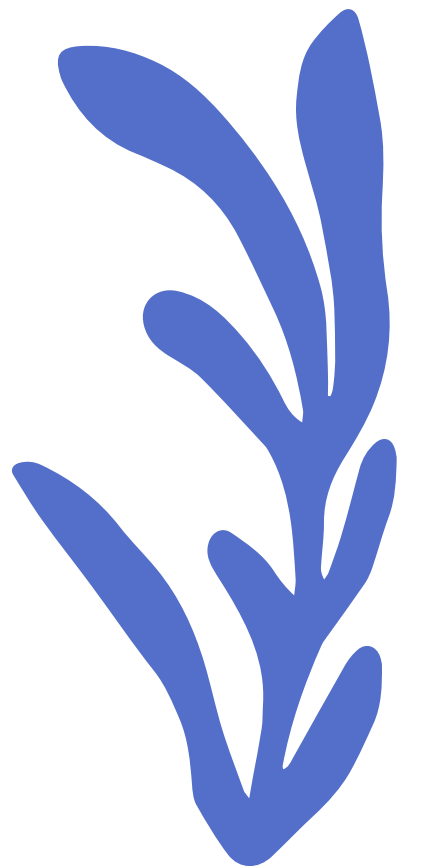
A fortune made by a lying tongue
is a fleeting vapor and a deadly
snare.

Proverbs 21: 6



Truthful lips endure forever, but a
lying tongue lasts only a moment.

Proverbs 12: 19



Truth over Deceit



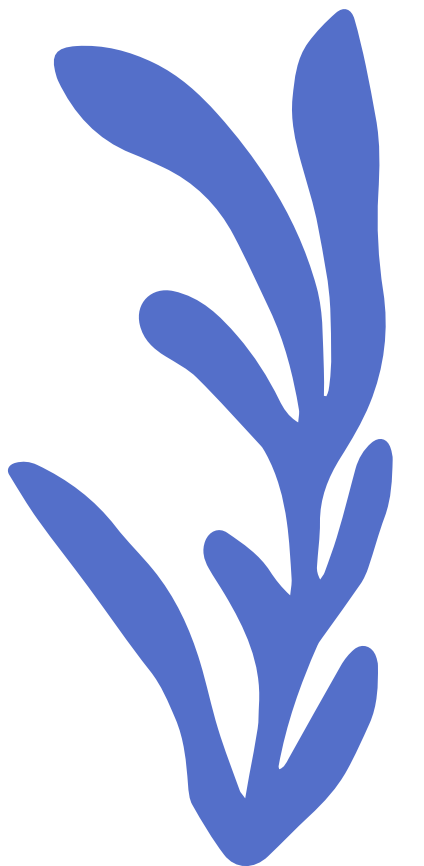
Reflection Question

Do we say what people want to hear just to keep the peace or do we love the truth enough to speak it?

How easy is this?

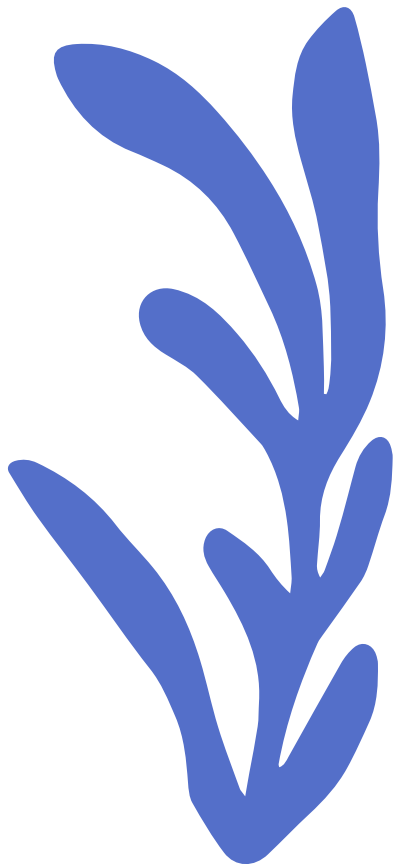
The tongue of the wise adorns
knowledge, but the mouth of the
fool gushes folly.

Proverbs 15: 2



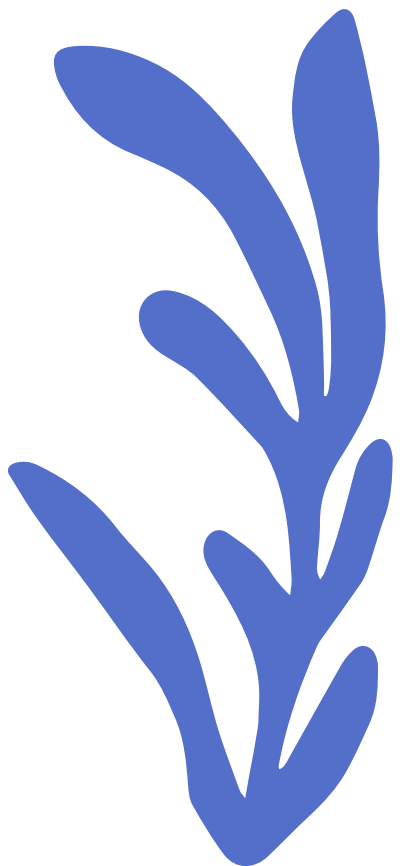
Those who guard their mouths
and their tongues keep
themselves from calamity

Proverbs 21: 23



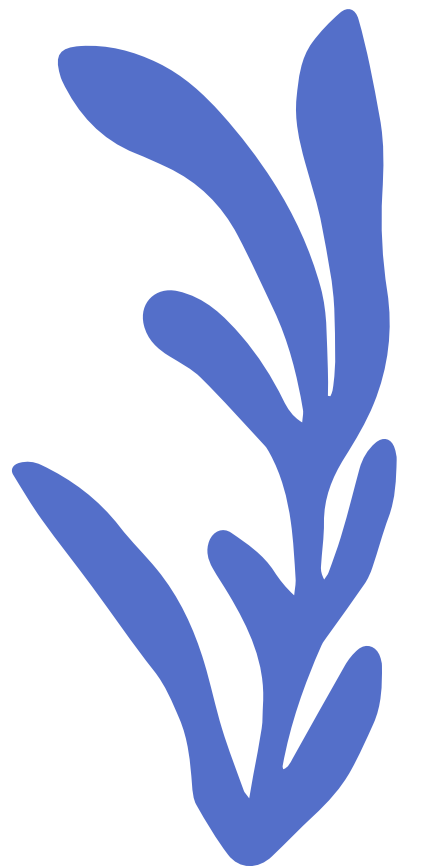
...a gentle tongue can break a
bone

Proverbs 25: 15



When he was accused by the chief priests and the elders, he gave no answer. Then Pilate asked him, "Don't you hear the testimony they are bringing against you?" But Jesus made no reply, not even to a single charge - to the great amazement of the governor.

Matthew 27: 12-14



The Art of Restraint

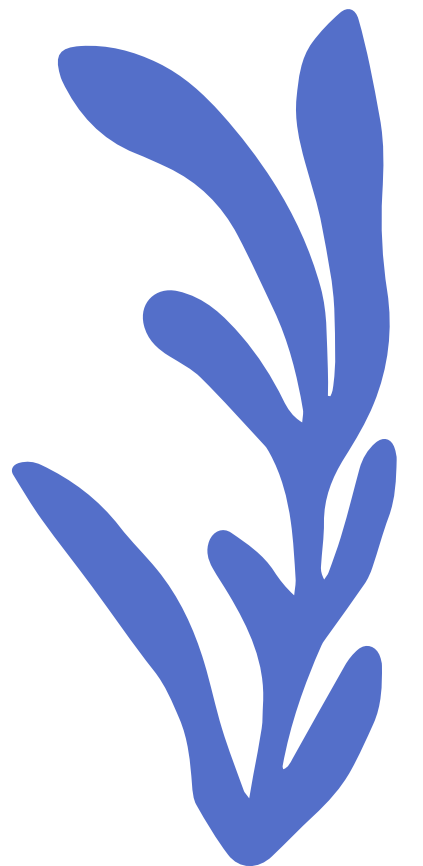
Reflection Question



Why do we find staying quiet so difficult?

To humans belong the plans of the heart, but from the Lord comes the proper answer of the tongue

Proverbs 16: 1



**A mouth speaks
what the heart is full
of**

Luke 6: 45



Glorify

OR



Crucify

Talk is not cheap



01

What filter do you have when you speak to people or share things online?

02

Is what you are saying joining the voice of the angry crowd that sent Jesus to His death, or is it glorifying His name?

03

Does what you want to say actually need to be said?



Let's Glorify, not Crucify