

MAYBRIDGE.ORG.UK SUMMER 2023



EXPLORING FAITH & LIFE

This Summer, we hit pause on our Radical King Series to begin a short series of different sermons called 'Splashes of Scripture'.

We're taking the summer holidays to explore faith and life together. Across all services from Sunday 16th July, speakers will be sharing and unpacking various themes and scriptures to help us go deeper in our faith.

We're using this time whilst Matt is on sabbatical to stop our usual takeaways and give the opportunity for groups to delve into different courses or topics.

CREATE YOUR OWN TAKEAWAY

If you'd still like to continue discussing the Sunday sermons, create your own takeaway. Try using the headings and simple symbols below to help you and your group unpack the topic (based on The Swedish Method).

READ

Read the chapter, or passage of scripture shared by the speaker together.

PAUSE

Encourage individuals to spend some time reflecting over the verses and use these symbols to mark what stands out as they go.

The Swedish Method



A LIGHT BULB:

Something that 'shines' from the passage or stands out – whatever resonates or draws attention



Something that's difficult to understand or a question that pops up.

AN ARROW:



How can we apply this to our life?

DISCUSS

Stop and share each individuals thoughts, discussing their marks.

- What stands out or surprises you about this passage?
- Did something in the passage or that the speaker shared resonate with you? Why?
- What is challenging, confusing or encouraging about this passage?
- Did something the speaker said on Sunday spark a question?
- What truth does this week's passage/theme tell me about my identity in Jesus?
- What cultural views does this challenge?
- How does this apply to us today?
 How are we called to live in the light of this scripture?
- How is God encouraging or convicting you?
- What does it look like to live out the knowledge and truth we've learnt in the week ahead?

TRY OUT

Write 'try outs' together that help you be 'doers of the word' and not just hearers who enjoy a good discussion! Ask the group: How can we support and encourage another to live out what we've learned in the week?

PRAY & WORSHIP

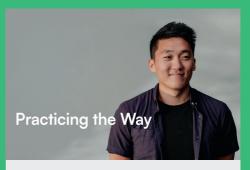
Pray together. You may like to give space to continue the response or reflection from Sunday.

COURSES & TOPICS TO EXPLORE

If you fancy a change, delve into a topic or try a course together with your group

Here are a few that you might like to work through with your group. We've given a description and icons help you see if the resource includes online videos, downloadable resources or is based on a book. Visit the website or scan the QR code to find out more.

Pre-warning: not all of these have been tried and tested so give them a look to see if they're suitable before you dive in with your group. Let the church team know any suggestions or feedback about what you have found helpful together.



Practicing the way

Teaching from John Mark Comer, exploring different spiritual practices that help Christians be with Jesus, become more like Him and do the things He did. Each practice is four weeks long and includes guided conversations and exercises, all designed to integrate the practice into your ongoing life. There's currently materials for Sabbath, Prayer and Fasting online...

PRACTICINGTHEWAY.ORG





#DISCIPLESHIP





24-7PRAYER.COM/RESOURCE/LECTIO-COURSE

The Lectio Course

A new five session video series with Pete Greig and guests, exploring the ancient practice of Lectio Divina. There's helpful discussion questions, making it a great resource for groups.









Follow

What does it look like to be a follower of Jesus? This course from *Jubilee Plus* helps groups grow in their walk with God and become more like Jesus.

Video talks, discussion questions, selected bible verses, prayer and action points to work through on your own or as a group. Printed course booklets are available from the church library. Contact the church for video logins.

JUBILEE-PLUS.ORG/FOLLOW







#DISCIPLESHIP #JUSTICE





Emotionally Healthy Spirituality

Teaching from Pete and Geri Scazzero that looks at our discipleship to Jesus, introduces tools to help transform our faith and gives practical skills to launch people into emotionally healthy relationships with Jesus and others. DVD and discussion guide available from the church Library.

EMOTIONALLYHEALTHY.ORC





#DISCIPLESHIF





Biscuit Trail

Many of us would like to see our colleagues and friends know and follow Jesus, but are unsure how to help them on their journey. These sets of cards help groups prepare and pray through the different elements involved in helping someone

discover Jesus. Available from the church library.

ARC.AGAPE.ORG.UK/THE-BISCUIT-TRAIL

#SHARINGFAITH





Be Still

Learn how to develop a regular rhythm and deeper daily relationship with God. Five free videos and discussion guides based on the book *Be Still: A Simple Guide to Quiet Times*.

24-7PRAYER.COM/ RESOURCE/BE-STILL-SERIES











Fruitfulness on the frontline

Eight sessions encouraging you to discover the ways God works in and through us right where we are. The videos are a tad cheesy but the content is great for group discussion. *DVD copies available from the church office*.

LICC.ORG.UK/OURRESOURCES
FRUITFULNESS









Experiencing God

This study awakens us to a Godcentered way of life. Helping us to know God intimately, to recognise His voice, and to understand His will for our lives.

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The Sanctuary Course

A course to help you reframe views around mental health through psychological, social, and theological perspectives.

SANCTUARYMENTALHEALTH ORG/SANCTUARY-COURSE/



#MENTALHEALTH



Suggestions from other **Partnership Groups**



The Ninefold Path

A nine-week journey through the beatitudes with the Ninefold Path – a fresh way for you and your group to engage with the Bible and put the words of Jesus into practice.











The Bible Course

Showing how key events, books and characters fit together as part of one overarching story. You can get access to an App, videos and pdf resources online.













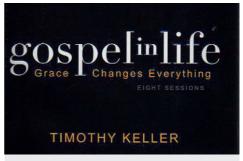
The Human Journey Course

We all have questions and concerns about our health. This course, sets out a framework for thinking about the issues of health biblically. Study guides available from church library.









Gospel in Life

An eight-session course on the gospel and how it is lived out in all of life – first in your heart. then in your community, and then out into the world. You can buy resources online.









Try a Bible study guide

From Cover-To-Cover classics, contemporary LICC studies, to trusty Tom Wright books – there's a growing number of group study guides that explore a theme or go through a book of the Bible in our church library. Most require little prep, making it easy to share out leading and stay on track whilst people are away over the holidays.

Prayer Room

Don't forget, you and your group can book to use our permanent prayer room and library spaces.

Email *info@maybridge.org.uk* to arrange for the church to be opened.



Maybridge Library

You can now find Partnership Group and bible study resources in the church Library, upstairs by the office, including some of the resources suggested in this booklet.

Please sign out any resources borrowed and return them when you're done.

We've tried to suggest resources that are free to use or that might be available within the church community.

If you'd like to try a course, but money makes choice limited, please get in touch with piero.regnante@maybridge.org.uk and we see if it can be added to our the church library for you and other groups who might also like to try.





