

# TAKEAWAY

## Roadmap

### Finding Joy When Life is Tough

#### FROM JOY TO ACTION SUNDAY 13<sup>TH</sup> JUNE 2021

#### INTRODUCTION

On Sunday, we finished our 'Roadmap' series, looking at a few key topics as we come out of heavy covid restrictions. We look at the subject of action - and how God calls us to be actively involve in service. We noted 7 thoughts to consider around action as we move forward.

#### 1. ACTION IS INSIDE OUT

##### READ

1 Thessalonians 1:2-3

##### EXPLAIN

The Thessalonians were working, labouring, enduring, but each of those things was firmly on the back of faith, hope and love.

##### DISCUSS

1. What drives the outward things you do?
2. Why does it matter what our internal motivations are?

#### 2. THE WORLD HURTS & NEEDS JESUS

##### READ

Luke 4:16-21

##### DISCUSS

3. What does Jesus promise to bring to the world?
4. What is our part in this as His followers?

5. In terms of your daily/weekly rhythms, how are you involved in this right now?

#### 3. YOUR GIFTS MATTER

##### READ

Romans 12:4-8

##### DISCUSS

6. How would you summarise Paul's (the author) point here in your own words?
7. What are you good at that could be used more in the months and year ahead?
8. What is someone else in your group good at that could be used more in the months and year ahead?

#### 4. FIGHT OFF LAZINESS

##### READ

Proverbs 20:4  
Proverbs 20:11  
Proverbs 6:6

#### DISCUSS

9. We don't often talk about the sin of laziness – why do you think that is?
10. Is it ever a struggle for you? If so, where do you think it comes from?
11. How can the group help anyone for whom laziness is a struggle? shaped how he saw suffering and joy?
8. Is there anyone your group could pray for right now who could do with some joy amidst suffering? (Be careful around confidentiality, of course).

#### 5. FIGHT OFF OVER-BUSYNESS

##### READ

Exodus 18:13-18

9. Why was Moses handling all the disputes himself? What was correct in his thinking, and what needed to change?

10. What problems did Moses's over-busyness cause?

11. Is over-busyness a problem for you? What do you think drives it?

12. How can the group help anyone for whom over-busyness is a struggle?

## 6. BE PATIENT, NOT CYNICAL

### READ

James 5:7-9

### DISCUSS

13. How is waiting for 'the Lord's coming' (Jesus' return) like a farmer waiting for his crops?

14. Does patience mean inactivity? Why or why not?

15. What does it mean to be cynical as a Christian? How is it opposed to patience?

16. Is cynicism a struggle for you? How can it be fought?

## 7. BE PART OF SOMETHING BIGGER

### DISCUSS

17. What does it mean to be part of something bigger than yourself? (You might like to re-read the verses in Romans 12).

18. How do you need to be more of a team player?

19. Where do you need to set aside your ego or your control to join in?

### PRAY

It may be helpful to pray over this verse in Colossians 3:

*"Work willingly at whatever you do, as though you were working for the Lord rather than for people. Remember that the Lord will give you an inheritance as your reward, and that the Master you are serving is Christ."*

## NOTES FOR LEADERS

The aim of this session is to get people thinking about how they 'get stuck in' as the world and indeed the church move beyond the pandemic era. Everyone will have different circumstances, concerns, and intentions, and the hope here is to lay some Godly foundations.

Obviously, there are a lot of sections/questions, so don't feel you need to answer them all! Pick the one that will best fit your group.