

GOOD CHOICE

Our ethical shopping guide

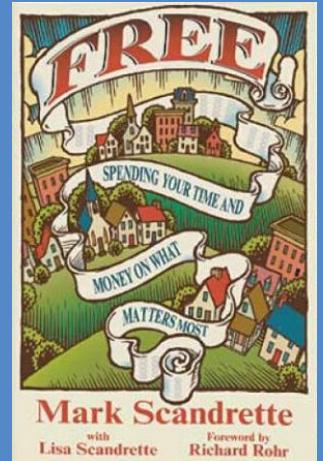
How we shop says a lot about how we view money, the world, other people, ourselves and even God. So here are a few ethical shops and resources we recommend to help you make spending choices that do more good.

INSPIRATIONAL READS

1

Free - Mark & Lisa Scandrette

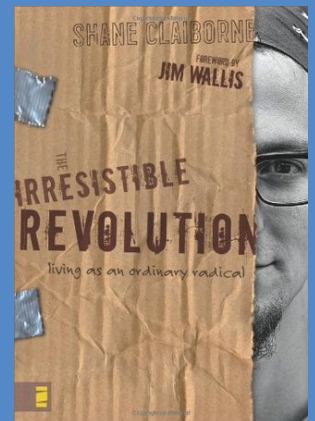
This book has loads of stories, activities and questions to help you really think about your priorities and how you want to spend your time and money. We recommend working through it with a partner.



2

Irresistible Revolution - Shane Claiborne

This book describes an authentic faith rooted in belief, action, and love, inviting us into a movement of the Spirit that begins inside each of us and extends into a broken world. Its message will comfort the disturbed, and disturb the comfortable . . . but will also invite us into an irresistible revolution; a vision for ordinary radicals ready to change the world with little acts of love.



ETHICAL SHOPS: CLOTHES

You may need to search online a bit to find ethical clothing that suits your style, but here are a few to get you started.

bambooclothing.co.uk
rapanuiclothing.com
bambooclothing.co.uk
peopletree.co.uk
knowtheorigin.com
nobodyschild.com
patagonia.com

USEFUL WEBSITES

1

ethicalconsumer.org

Articles and guides on what to look for when you shop for different products. There's a subscription to see the full picture, but plenty of the basics are available for free.

2

workersrights.org

The Workers Rights Consortium exists to hold corporations accountable and protect worker rights. Their covid-19 tracker shows how brands are treating garment workers and suppliers during coronavirus.

3

thegoodshoppingguide.com

See how the ethical credentials of different brands compare, for every kind of product from baby food to fake tan. Each brand receives a Ethical Company Index Score out of 100 which ranks them in a league table, and you can click for more info on the specific ethical areas you care about.



gandyslondon.com



ethletic.com



toms.co.uk



goodnews.london

ETHICAL SHOPS: SHOES

There are a lot of brands that make shoes in a way that values people and the planet - some even donate profits to do more good.

HELPFUL APPS



Good On You

The Good On You app gives brands a rating for how they impact people, the planet and animals, as well as an overall score of: 'We Avoid, Not Good Enough, It's A Start, Good and Great.' If a brand you like isn't in the app, let them know and they'll rate it for you. If your favourite brand doesn't make the grade, use the Good On You app to find a better option - or send them a message urging them to do better.



Too Good to Go

This app fights food waste by offering meals local stores would normally throw away for really cheap prices. Simply keep an eye on the app for daily deals, make your purchase and go to the restaurant / bakery / supermarket at the allotted time.

ETHICAL SHOPS: GENERAL & GIFTS

ethicalsuperstore.com

If you want a bit of a browse, this is your one-stop shop for groceries, cleaning, health and beauty, home and garden, pets, kids and gifts.

socialsupermarket.org

All products on offer have a positive social purpose, from socks that give an extra pair to homeless people or gin that gives a portion of its profits to tackle the global water crisis.

traidcraftshop.co.uk

Homewares, fashion, food and gifts from artisan makers, crafters and growers who have been paid fairly.

oxfam.org.uk

Did you know Oxfam has a charity shop online? Not only will your purchase go towards Oxfam's work, buying second-hand is good for the planet - wins all round,

amnestystop.org.uk

Home and garden, clothing and gifts for foodies, weddings, book nerds and more. Profits go towards the work of Amnesty International.

frombabieswithlove.org

Baby clothes and gifts. Profits go around the world to help abandoned children.

dalit.co.uk

Candles, soaps and spices. All profits support the work of Life Association, who support dalits in the Indian caste system.

