

MAYBRIDGE  
COMMUNITY CHURCH



FLOURISH  
Action

The logo for 'FLOURISH Action' features a stylized green plant with three leaves to the left of the word 'FLOURISH' in a bold, dark grey sans-serif font. The word 'Action' is in a lighter grey sans-serif font to the right of 'FLOURISH'.

We've been talking a lot about the different elements that make up spiritual growth, but how do you put it all together? Flourishing doesn't just happen; we need to put things into action. The primary person responsible for your spiritual growth is you...and God...

### IT'S ON YOU...

"We have much to say about this, but it is hard to make it clear to you because you no longer try to understand. In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil. Therefore let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death, and of faith in God, instruction about cleansing rites, the laying on of hands, the resurrection of the dead, and eternal judgement. And God permitting, we will do so."

- Hebrews 5:11-6:3

"Therefore, rid yourselves of all malice and all deceit, hypocrisy, envy, and slander of every kind. Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good."

- 1 Peter 2:1-3

"So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."

- Colossians 2:6-7

### **...AND IT'S ON GOD**

"For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience, and giving joyful thanks to the Father, who has qualified you to share in the inheritance of his holy people in the kingdom of light."




- Colossians 1:9-12



"I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge — that you may be filled to the measure of all the fullness of God."

- Ephesians 3:16-19

## DISCUSS

-  When we began Flourish, what dissatisfactions did you have in living the Christian life? Have any of them been addressed or changed?
-  Has anything new come up that you've felt nudged to grow further in?
-  If you could surge forward in one area of your walk with God, what would you like it to be? What are you responsible to do about it? What is God responsible for?

## HOW DO WE GROW?

- Self knowledge
- Planning
- Accountability
- Facing fears and issues head-on

## DISCUSS

- ✿ Thinking back over previous weeks of Flourish, where have you been inspired or challenged to do something differently?
- ✿ We've seen that the primary people responsible for your growth are you and God. But what role do others play? How can people help you to grow?

## OBSTACLES TO HELPING ONE ANOTHER GROW












- Being a 'closed book' (fear of rejection?)
- Lack of 'contact'
- Superficiality
- Unwillingness to speak both truth and love

## DISCUSS

- ✿ What unique your role can or does your Partnership Group play in your spiritual growth?
- ✿ What would you like your Partnership Group to look like relationally over the next year? What will get in the way?
- ✿ What, as a group, would you like to commit to together? (Think back on what has been discussed this evening.) What would you like to be held (lovingly) accountable for?



## REFLECT

-  What's one thing you could do this year to increase your enjoyment of God?
-  What's the most humanly impossible thing you will ask God to do this year?
-  What's the most important thing you could do to improve the quality of your family life this year?
-  In which spiritual discipline do you most want to make progress this year, and what will you do about it?
-  What is the single biggest time-waster in your life, and what will you do about it this year?
-  What is the most helpful new way you could strengthen your church?
-  For whose salvation will you pray most fervently this year?
-  What's the most important way you will, by God's grace, try to make this year different from last year?
-  What one thing could you do to improve your prayer life this year?
-  What single thing that you plan to do this year will matter most in 10 years? In eternity?
-  What's the most important decision you need to make this year?

- ✿ What area of your life most needs **simplifying**, and what's one way you could simplify in that area?
- ✿ What **habit** would you most like to establish this year?
- ✿ Who is the person you most want to **encourage** this year?
- ✿ What's the single most important thing you could do to improve the quality of your **work life** this year?
- ✿ What could you do this year to enrich the **spiritual legacy** you will leave to your children and grandchildren?
- ✿ What **non-Bible book** do you most want to read this year?
- ✿ What one thing do you most **regret** about last year, and what will you do about it this year?
- ✿ In what area of your life do you **most need growth**, and what will you do about it this year?
- ✿ What **skill** do you want to learn or improve this year?
- ✿ To what **need or ministry** will you try to give an unprecedented amount this year?
- ✿ In what area of your life do you **most need change**, and what will you do about it this year?

