

# TAKEAWAY

## BECAUSE HE'S WORTH IT, The wonder, why and ways of worship.

### Communion – This is my body

Sunday 21st October 2018

### INTRODUCTION

This week, we continued exploring worship, particularly looking at communion, understanding the role it plays in our worship, what it means, why we do it and how to come to the communion table. Why not consider incorporating Communion into your partnership group meeting this week?

### READ

Mark 14: 22-25

### DISCUSS

1. The communion table has its roots not only in the last supper, but in the Passover meal. What of that information was new to you?

2. There are four promises celebrated at Passover – found in Exodus 6:6-7 -

- a. Rescue from Egypt
- b. Freedom from slavery
- c. Redemption by God's power
- d. Renewed relationship with God

How do those promises find their fulfillment in

Jesus?

3. Jesus said to "Take it and eat." of the bread and wine – there's an element of needing to opt in to freedom. What does opting in look like for you?

4. Communion is understood differently in different churches, what is your experience of communion traditions?

5. When Jesus deviated from the traditional Passover script the night before he died, it would have jolted the disciples into re-understanding something that may have become routine. Are there areas of your faith life that need a re-awakening?

6. Communion emphasises unity in the church. The last supper was an unusual grouping of people for a Passover meal – it was usually a family occasion, but Jesus pulled together this diverse group of men who only had him in common. Where do you think the dividing lines are in our church amongst different groups of people? How can we as individuals, work to overcome those things?

7. Read 1 Corinthians 11: 27-29. How does this challenge you as you come to the communion table?

